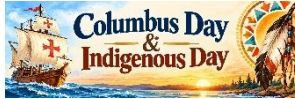


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Abbreviations: LAR = Large Activity Room SDR = S. Building Dining Room NDR = N. Building Dining Room S2AR = S. Bldg. 2nd Floor Activity Room CL = Club Lounge S. Lobby Room Sign Up for an outing at the LAR desk or call Life Enrichment @ 343-7157 				1 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:15 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Denny Gerber's Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m. Lutmer's 70 th Anniversary @ 3 p.m. SDR Aspen Pet Visit @ 4 p.m. MC/South 	2 Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2 p.m.	3 Carol Wakeman's Open House 2-4 p.m. LAR Coffee @ 2:45 p.m. Roger Bode's BD
4 Ecumenical Church @ 8:45 a.m. SDR Coffee @ 2:45 p.m. 	5 Wellness @ 11 a.m. LAR 5 th Graders @ 1 p.m. LAR 500 Cards @ 2 p.m. SDR Coffee @ 2:45 p.m. Grief Share @ 3:15 p.m. LAR Golf Cards @ 6:30 p.m. SDR 	6 Community Coffee @ 9 a.m. SDR Scott Rosenberg: Emerald Ash Borer @ 9:30 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Greg Wede, LOVE Inc @ 1:30 p.m. LAR Walgreens /Runnings Shopping @ 2:30 p.m. Coffee @ 2:45 p.m. Carol Wakeman's BD Mary Lutmer's BD	7 Shopping Fareway @ 8:30 a.m. Wellness @ 11 a.m. LAR Painting Gnomes @ 2 p.m. LAR Additional Wreath decorating (Bring yours back from last month if you'd like to embellish) Coffee @ 2:45 p.m.	8 Devotions @ 8:45 a.m. LAR Hearing Aid Checks @ 9:15 a.m. LAR Trojan Exercise @ 10:15 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Caregiver Support Group with Moments Hospice 2-3 p.m. LAR Coffee @ 2:45 p.m. Aspen Pet Visit @ 4 p.m. MC/North Sherry Swanson's BD 	9 Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m. Bonnie Eismann's BD	10 Movie @ 1 p.m. LAR Coffee @ 2:45 p.m. 
11 Ecumenical Church @ 8:45 a.m. SDR Coffee @ 2:45 p.m. 	 12 St. Matthew's Lutheran @ 9 a.m. S2AR Wellness @ 11 a.m. LAR Diane Mick's Piano & Vocals @ 2 p.m. LAR Coffee @ 2:45 p.m. Grief Share @ 3:15 p.m. LAR Golf Cards @ 6:30 p.m. SDR	13 Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 10:30 a.m. LAR 1015 Steak House Lunch outing @ 11:00 a.m. Coffee @ 2:45 p.m. American Lutheran Fellowship @ 3:30 p.m. LAR Gladys Haack's BD Tom Lubben's BD	14 Shopping HyVee @ 8:30 a.m. Wellness @ 11 a.m. LAR Mark Browning Milner Guitar & Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m. First Lutheran Bible Study @ 3 p.m. S2AR Don Lorenzen's BD	15 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Galen Benton's Accordion @ 2 p.m. SDR Monthly Birthday Party @ 3 p.m. SDR Aspen Pet Visit @ 3 p.m. MC/South 	16 Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m. 	17 Movie @ 1 p.m. LAR Coffee @ 2:45 p.m. Lois Martin's BD
18 Ecumenical Church @ 8:45 a.m. SDR Coffee @ 2:45 p.m. Francis Kuemper's BD	19 Wellness @ 11 a.m. LAR Wayne Lee Piano & Vocals @ 2 p.m. SDR Happy Hour @ 2 p.m. Grief Share @ 3:15 p.m. LAR Golf Cards @ 6:30 p.m. SDR	20 Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Solid Rock Church @ 1:30 p.m. LAR Cribbage @ 2 p.m. NDR Coffee @ 2:45 p.m.	21 Shopping Walmart @ 8:30 a.m. Flu/Covid Vaccine Clinic @ 10 a.m.-noon LAR Kenny Frey Guitar & Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m. 	22 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:15 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Michele Wieneke's Piano @ 2 p.m. SDR Coffee @ 2:45 p.m. SDR	23 Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m.	24 Movie @ 1 p.m. LAR Coffee @ 2:45 p.m.
25 Ecumenical Church @ 8:45 a.m. SDR Coffee @ 2:45 p.m.	26 Exercise @ 11 a.m. LAR Bill Jamerson's CCC Program @ 2 p.m. LAR Coffee @ 2:45 p.m. Grief Share @ 3:15 p.m. LAR Golf Cards @ 6:30 p.m. SDR Richard Cam's BD 	27 Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 10:30 a.m. LAR Pizza Ranch @ 11:00 a.m. Audrey Brake's Accordion Sing-Along @ 2 p.m. SDR Coffee @ 2:45 p.m.	28 Shopping HyVee @ 8:30 a.m. Wellness @ 11 a.m. LAR Denise's Watercolor Class @ 1:30 p.m. LAR 500 Cards @ 2 p.m. SDR Coffee @ 2:45 p.m. 	29 Devotions @ 9 a.m. LAR OT Student-led Activity @ 10:15 a.m. LAR (TBA) 1st Lutheran Bible Study & Communion @ 1 p.m. S2AR Cindy Anderson's Piano & Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m. SDR	30 Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Halloween Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m. Meadows Trick-or-Treaters @ 4-6 p.m. 	31 Halloween Movie @ 1 p.m. LAR Coffee @ 2:45 p.m. Rose Schissel BD 