

| Sunday                                                                                                                                                                 | Monday                                                                                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                                                                                                                                                     | Wednesday                                                                                                                                                                                                                                          | Thursday                                                                                                                                                                                                                                                                                                                     | Friday                                                                                                                                                                                                                                                                | Saturday                                                                                                                                                                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                       |                                                                                                                                                                                                                                                                              | <b>1</b><br>Community Coffee @ 9 a.m. SDR<br>KTD Team Speaking @ 9:30 a.m. SDR<br>Trojan Exercise @ 10:30 a.m. S2AR<br>Armchair Exercise @ 11 a.m. LAR<br>First UMC @ 1:30 p.m. LAR<br>Walgreens or Farmer's Market Shopping @ 2:30 p.m.<br>Coffee @ 2:45 p.m.                                                                              | <b>2</b><br>Shopping Fareway @ 8:30 a.m.<br>Wellness @ 11 a.m. LAR<br>Rebbie Lee's Piano @ 2 p.m.<br>SDR<br>Coffee @ 2:45 p.m.<br><b>Virgil Wiertzema's BD</b>  | <b>3</b><br>Devotions @ 9 a.m. LAR<br>Trojan Exercise @ 10:30 a.m. S2AR<br>Armchair Exercise @ 11 a.m. LAR<br>Painting Wood Crafts @ 2 p.m. LAR<br>Coffee @ 2:45 p.m.<br><b>Loren Goettsch's BD</b>                                                                                                                          | <b>4</b><br>Rosary @ 9:45 a.m. S2AR<br>Mass @ 10 a.m. S2AR<br>Wellness @ 11 a.m. LAR<br>Bingo @ 2 p.m. SDR<br>Coffee @ 2 p.m. SDR                                                                                                                                     | <b>5</b><br>Movie @ 1 p.m. LAR<br>Coffee @ 2:45 p.m.<br><b>Margaret Utesch's BD</b>     |
| <b>6</b><br>Ecumenical Church @ 8:45 a.m. SDR<br>Coffee @ 2:45 p.m.                                                                                                    | <b>7 No Mail</b><br>Movie @ 1 p.m. LAR<br>500 Cards @ 1:30 p.m. SDR<br>Coffee @ 2:45 p.m.<br>Golf Cards @ 6:30 p.m. SDR<br><b>Myron Martin's BD</b>                                         | <b>8</b><br>Community Coffee @ 9:15 a.m. SDR<br>Trojan Exercise @ 10:30 a.m. S2AR<br>Armchair Exercise @ 10:30 a.m. LAR<br>Pizza Ranch Lunch @ 11:15 a.m. Sign Up<br>Cribbage @ 2 p.m. NDR<br>Coffee @ 2:45 p.m.<br>American Lutheran Fellowship @ 3:30 p.m. LAR                                                                            | <b>9</b><br>Shopping HyVee @ 8:30 a.m.<br>Wellness @ 11 a.m. LAR<br>Drive in the Country @ 1 p.m. Sign Up<br>UNO Cards @ 1:30 p.m. SDR<br>Coffee @ 2:45 p.m.<br>First Lutheran Bible Study & Communion @ 3 p.m. S2AR                               | <b>10</b><br>Devotions @ 9 a.m. LAR<br>Trojan Exercise @ 10:15 a.m. S2AR<br>Armchair Exercise @ 11 a.m. LAR<br>Galen Benton's Accordion @ 2 p.m. SDR<br>BLT Happy Hour @ 2 p.m.<br><b>Betty Taarud's BD</b>                                                                                                                  | <b>11 Red, White &amp; Blue</b><br>Rosary @ 9:45 a.m. S2AR<br>Communion @ 10 a.m. S2AR<br>Shannon's Dance Party @ 10:45 a.m. LAR<br>Bingo @ 2 p.m. NDR<br>Coffee @ 2:45 p.m.       | <b>12</b><br>Movie @ 1 p.m. LAR<br>Coffee @ 2:45 p.m.                                                                                                                      |
| <b>13 Grandparents Day</b><br>Ecumenical Church @ 8:45 a.m. SDR<br>Coffee @ 2:45 p.m.  | <b>14</b><br>St. Matthew's Lutheran @ 9 a.m. S2AR<br>Wellness @ 11 a.m. LAR<br>Card Bingo @ 2 p.m. NDR<br>Coffee @ 2:45 p.m.<br>Grief Share @ 3:15 p.m. LAR<br>Golf Cards @ 6:30 p.m. SDR  | <b>15</b><br>Community Coffee @ 9:15 a.m. SDR<br>Trojan Exercise @ 10:30 a.m. S2AR<br>Armchair Exercise 11 a.m. LAR<br>American Reformed @ 1:30 p.m. LAR<br>Kwik Trip @ 2:30 p.m. Sign Up<br>Coffee @ 2:45 p.m.                                         | <b>16</b><br>Shopping Walmart @ 8:30 a.m.<br>Wellness @ 11 a.m. LAR<br>Artmobile @ 1:30 p.m. LAR<br>Coffee @ 2:45 p.m.<br>Pet Show @ 6 p.m. outside LAR        | <b>17</b><br>Devotions @ 9 a.m. LAR<br>Trojan Exercise @ 10:15 a.m. S2AR<br>Armchair Exercise @ 11 a.m. LAR<br>Resident Council @ 1 p.m. LAR<br>Caregiver Support Group sponsored by Moments Hospice @ 2 p.m. LAR<br>Coffee @ 2:45 p.m.  | <b>18 Turkey/Western Day</b><br>Rosary @ 9:45 a.m. S2AR<br>Communion @ 10 a.m. S2AR<br>Wellness @ 11 a.m. LAR<br>Bingo @ 2 p.m. SDR<br>Coffee @ 2:45 p.m.<br><b>Deb McLeod's</b>  | <b>19 Loading for KTD Parade @ 1 p.m.</b><br>Movie @ 1 p.m. LAR<br>Coffee @ 2:45 p.m.  |
| <b>20</b><br>Ecumenical Church @ 8:45 a.m. SDR<br>Coffee @ 2:45 p.m.<br><b>Vernette Wiertsema's BD</b>                                                                 | <b>21</b><br>Wellness @ 11 a.m. LAR<br>Coffee @ 2:45 p.m.<br>Diane Mick's Piano @ 2 p.m. LAR<br>Grief Share @ 3:15 p.m. LAR<br>Golf Cards @ 6:30 p.m. SDR                                                                                                                    | <b>22</b><br>Community Coffee @ 9:15 a.m. SDR<br>Trojan Exercise @ 10:30 a.m. S2AR<br>Shopping & Lunch in Sheldon Loading @ 10:30 a.m. Sign Up<br>500 Cards @ 1:30 p.m.<br>Cribbage @ 2 p.m. NDR<br>Coffee @ 2:45 p.m.<br><b>Vona Mae Vihlen's BD</b>  | <b>23</b><br>Podiatry @ 8 a.m-1 p.m. CL<br>Shopping Fareway @ 8:30 a.m.<br>Wellness @ 11 a.m. LAR<br>Audrey Brake's Accordion @ 2 p.m. SDR<br>Coffee @ 2:45 p.m.<br><b>Carol Jeffers' BD</b>                                                       | <b>24</b><br>Devotions @ 9 a.m. LAR<br>Trojan Exercise @ 10:15 a.m. S2AR<br>Armchair Exercise @ 11 a.m. LAR<br>Michele Wieneke's Piano @ 2 p.m. SDR<br>Monthly Birthday Party 3 p.m. SDR                                                                                                                                     | <b>25</b><br>Rosary @ 9:45 a.m. S2AR<br>Mass @ 10 a.m. S2AR<br>Wellness @ 11 a.m. LAR<br>Bingo @ 2 p.m. NDR<br>Coffee @ 2:45 p.m.                                                                                                                                     | <b>26</b><br>Movie @ 1 p.m. LAR<br>Coffee @ 2:45 p.m.                                 |
| <b>27</b><br>Ecumenical Church @ 8:45 a.m. SDR<br>Coffee @ 2:45 p.m.<br><b>Linda Moore's BD</b>                                                                        | <b>28</b><br>Wellness @ 11 a.m. LAR<br>Around The Clock @ 2 p.m. NDR<br>Coffee @ 2:45 p.m.<br>Grief Share @ 3:15 p.m. LAR<br>Golf Cards @ 6:30 p.m. SDR                                                                                                                      | <b>29</b><br>Community Coffee @ 9:15 a.m. SDR<br>Trojan Exercise @ 10:30 a.m. S2AR<br>Armchair Exercise @ 11 a.m. LAR<br>Dominoes @ 2 p.m. NDR<br>Coffee @ 2:45 p.m.                                                                                   | <b>30</b><br>Shopping HyVee @ 8:30 a.m.<br>Wellness @ 11 a.m. LAR<br>Denise's Watercolor Class @ 2 p.m. LAR<br>First Lutheran's Bible Study & Communion @ 2:30 p.m.<br>Coffee @ 2:45 p.m.                                                          |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                       |                                                                                                                                                                            |
|                                                                                    |                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                    | <b>Abbreviations:</b><br><b>LAR</b> = Large Activity Room<br><b>SDR</b> = S. Building Dining Room<br><b>NDR</b> = N. Building Dining Room<br><b>S2AR</b> = S. Bldg. 2nd Floor Activity Room<br><b>CL</b> = Club Lounge S. Lobby Room<br>Sign Up for an outing at the LAR desk or call Life Enrichment @ 343-7157             |                                                                                                                                                                                                                                                                       |                                                                                                                                                                            |