
















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR	2 Community Coffee @ 9:15 a.m. SDR Joyce Bohn Retirement Party @ 9:30 a.m. Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Christian Reformed Pastor Chad @ 1:30 p.m. LAR Cribbage @ 2 p.m. NDR Walgreens Shopping @ 2:30 p.m. Coffee @ 2:45 p.m. 	3 Shopping Fareway @ 8:15 a.m.- 9 a.m. Wellness @ 11 a.m. LAR Denny Gerber's Vocals @ 2 p.m. SDR Coffee @ 3 p.m.	4 Devotions @ 8:45 a.m. LAR Dining Council @ 9:30 a.m. NDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Michele Wieneke's Piano @ 2 p.m. SDR Graduation Reception @ 3 p.m. SDR 	5 Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2 p.m. SDR 	6 Movie @ 1 p.m. LAR Coffee @ 2:45 p.m. 	
7 Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m.	8 St. Matthew's Lutheran @ 9 a.m. S2AR Wellness @ 11 a.m. LAR Cindy Anderson's Piano & Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR 	9 Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR First Lutheran Bible Study & Communion @ 2 p.m. S2AR Coffee @ 2:45 p.m. American Lutheran Fellowship @ 3:30 p.m. LAR Leo Bofenkamp's BD	10 Shopping HyVee @ 8:30 a.m. Loading for Lismore Salad Luncheon @ 10:30 a.m. Movie @ 1 p.m. LAR Coffee @ 2:45 p.m. Jim Kuehne's BD Wanda Douglas' BD 	11 Devotions @ 8:45 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Around The Clock @ 2 p.m. NDR Coffee @ 2:45 p.m.	12 Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m. 	13 Movie @ 1 p.m. LAR Coffee @ 2:45 p.m.	
14 Flag Day Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m. Monica Marske's BD 	15 Wellness @ 11 a.m. LAR Artemobile @ 12:45-1:40 p.m. LAR 500 Cards @ 1:30 p.m. SDR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR Pat Ludlow's BD	16 Community Coffee @ 9:00 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise 10:30 a.m. LAR First Lutheran Church Service @ 1:30 p.m. LAR Cribbage @ 2 p.m. NDR Loading Kwik Trip @ 2:30 p.m. Coffee @ 2:45 p.m.	17 Shopping Walmart @ 8:30 a.m. Men's Special Dinner @ Noon LAR Mark Milner's Guitar & Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m. Loading for Band Concert @ 6:30 p.m. 	18 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Artemobile @ 12:45-1:40 p.m. LAR Dominoes @ 2 p.m. LAR Coffee @ 2:45 p.m.	19 Juneteenth – No Mail Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Movie @ 1 p.m. LAR Coffee @ 2:45 p.m. 	20 Movie @ 1 p.m. LAR Coffee @ 2:45 p.m.	
21 Father's Day Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m. 	22 Wellness @ 11 a.m. LAR Artemobile @ 12:45-1:40 p.m. LAR 500 Cards @ 1:30 p.m. SDR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR Bill Cowan's BD	23 Community Coffee @ 9 a.m. SDR Presentation & Free Blood Pressure Checks @ 9:30 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Audrey Brake's Accordion @ 2 p.m. Outside weather permitting Happy Hour @ 3 p.m. Outside	24 Shopping HyVee @ 8:30 a.m. Wellness @ 11 a.m. LAR Watercolors with Denise @ 2 p.m. LAR Coffee @ 2:45 p.m.	25 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Artemobile @ 12:45-1:40 p.m. LAR Uno @ 2 p.m. SDR Coffee @ 2:45 p.m. SDR 	26 Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m.	27 Movie @ 1 p.m. LAR Coffee @ 2:45 p.m.	
28 Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m.	29 Exercise @ 11 a.m. LAR Galen Benton's Accordion @ 2 p.m. SDR Monthly Birthday Party @ 3 p.m. SDR Golf Cards @ 6:30 p.m. SDR 	30 Community Coffee @ 9 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 10:45 a.m. LAR Burger King @ 11:15 a.m. 500 Cards @ 1:30 p.m. SDR First Lutheran Bible Study & Communion @ 2 p.m. SDR Cribbage @ 2 p.m. NDR Coffee @ 2:45 p.m. Bob Ludlow's BD				Abbreviations: LAR = Large Activity Room SDR = S. Building Dining Room NDR = N. Building Dining Room S2AR = S. Bldg. 2nd Floor Activity Room CL = Club Lounge S. Lobby Room Sign up for an outing at the LAR desk or call Life Enrichment @ 343-7157	