

# NEWSLETTER

## April 2026

Ecumen Meadows, 1801 Collegeway, 507-372-7838



### THIS ISSUE

|                                 |       |
|---------------------------------|-------|
| Executive Director's Desk ..... | 2     |
| New Residents .....             | 3     |
| Life In Our Community .....     | 4-5   |
| Events .....                    | 6     |
| April Celebrations .....        | 7     |
| A Poem to Share .....           | 8     |
| Notice Board .....              | 9     |
| Resident Council .....          | 10    |
| Bus Fundraiser .....            | 11    |
| Laughing Matters .....          | 12    |
| Monthly Puzzle .....            | 13-15 |

# Executive Director's Desk

Hello Residents, Families, and Friends,

Welcome to April, a season of renewal, growth, and new beginnings. This month has long been a time of progress and meaningful moments throughout history, reminding us that curiosity, resilience, and determination can lead to incredible achievements.

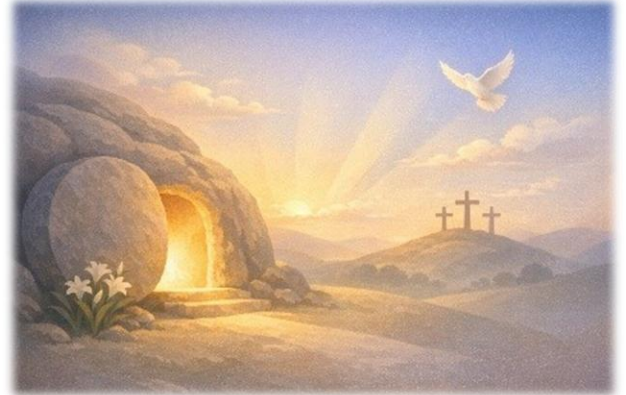
As we move into this new month, it's a wonderful opportunity to reflect on the experiences that have shaped us and the wisdom we continue to gain. The stories we share, the laughter we enjoy, and the connections we build each day are what makes our community so special.

With Easter arriving this month, we also celebrate a time of hope, renewal, and togetherness. We wish everyone a joyful and peaceful Easter filled with warmth and meaningful moments with loved ones.

Here's to a month filled with connection, discovery, and uplifting moments.

Warmly,

*Elena Heronimus, Executive Director*



## April Trivia

It is thought that the name April comes from the Latin word "to open" and describes the trees opening at springtime.

Zodiac signs: **Aries & Taurus**

Birthstone: **Diamond**

Flower: **Daisy & Sweet Pea**

## Quote of the Day

*You are never too old  
to set another goal  
or to dream a new  
dream.*

– C.S. Lewis

# New Residents



Congratulations to Rodney & Jeanne Habermann on their official move-in to Ecumen Meadows!  
Rodney and Jeanne are retired corn and soybean farmers who spent a lifetime working the land and building a wonderful legacy. The family tradition continues with their son, Lance, now running the family farm in Brewster. Speaking of family, they are blessed with 4 children and 11 grandchildren, and we can't wait to meet them all when they come to visit!  
Welcome, Rodney and Jeanne! We are so happy you are here!



We are so happy to welcome Margo Ferley to our Meadows family!  
Margo had lived almost all of her adult life in Mankato before moving to Worthington to be closer to her daughter, who lives in town, and her son in Sioux Falls. Margo likes to stay fit and exercise. You're likely to find her getting her steps in by walking the hallways. She and her daughter exercise together at the YMCA every day, too.  
Margo and the Meadows had something special in common long before she moved in. Or rather, someone special. Margo's granddaughter Maddi worked at the Meadows as a Resident Assistant while she was in high school. We are so happy you're here, Margo! Thank you for choosing Ecumen Meadows!



Help us give a huge, warm welcome to one of our newest residents, Merle Belz! That infectious smile of his says it all - what a great addition to our Meadows family!  
Merle held an impressive 49-year career with the city of Worthington! He retired after 34 years working for the line department. Two months later, he got bored and went back to work for the city for 15 more years, this time with the street department. He retired once and for all in 2013. We are so happy that Merle chose to come live with us at the Meadows! Welcome, Merle!

# Life in Our Community

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Hop on over to see these masterpieces! Our artists spent the afternoon painting the cutest custom Easter cards during our March watercolor class. It's always so much fun to enjoy the creative process together!

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We were tickled pink during Flamingo Bingo when our flamboyant flamingo jockeys, Brandon and Jill, marched through the dining room!

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# Life in Our Community ...continued

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It's Flamingo Month at the Meadows, so we had a flamingo birthday party for Bob, Leroy, Austin, and Sandy, and all of the other wonderful people born in March! Also celebrating birthdays at the Meadows this month are Ingrid, Darryl, Jeannette V., Caryn, Connie, Vivian, Ricardo, Bea, Narone, Cindy, and Don. Happy birthday to each of you!



Watch out, world - Judy has officially entered her polka era!  
Galen recently performed at the Meadows. Afterward, he stuck around for coffee, cake, and conversation. While visiting, Judy mentioned that her brother played the accordion, and she always wondered what it would be like to play. Before she knew it, Galen grabbed his accordion and put it on her! She was surprised at how big and heavy it was and also how many buttons it had.  
Thanks, Galen, for helping Judy check off "strap on an accordion" from her bucket list!

# Events

## Coffee Time

Every Day in April, 2:45 p.m., Both Dining Rooms

## Ecumenical Church Service

Every Sunday in April, 8:45 a.m., Large Activity Room

## Worthington Christian Church Bible Study

Every Sunday in April, 7:00 p.m.,  
So. 2<sup>nd</sup> Floor Activity Room

## Golf Cards

Every Monday in April, 6:30 p.m., South Dining Room

## Community Coffee

Every Tuesday in April, 9:00 a.m., South Dining Room

## Devotions

Every Thursday in April, 9:00 a.m. Large Activity Room

## Rosary & Mass/Communion

Every Friday in April, 9:45 a.m. & 10:00 a.m.,  
So. 2<sup>nd</sup> Floor Activity Room

## March Birthday Party

Wednesday 15, April, 3:00 p.m., South Dining Room

## Happy Hour

Tuesday 28, April, 3:00 p.m., South Dining Room

**\*See the monthly calendar for more activities!**

## Special Days

- 1<sup>st</sup> April Fool's Day
- 3<sup>rd</sup> Good Friday
- 5<sup>th</sup> Easter
- 11<sup>th</sup> National Pet Day
- 15<sup>th</sup> Tax Day
- 22<sup>nd</sup> National Earth Day
- 24<sup>th</sup> National Arbor Day
- 28<sup>th</sup> National Superhero Day
- 30<sup>th</sup> National Hairstylist Appreciation Day

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|--|--|---|--|---|--|---|
|  |  |   |  |   |  |   |
| <b>5</b><br>Ecumenical Church @ 8:45 a.m. LAR<br>Coffee @ 2:45 p.m.<br>  | <b>6</b><br>Wellness @ 11 a.m. LAR<br>Around The Clock @ 2 p.m. NDR<br>Coffee @ 2:45 p.m.<br>Golf Cards @ 6:30 p.m. SDR<br><b>Vern Lidger's BD</b>   | <b>7</b><br>Community Coffee @ 9:15 a.m. SDR<br>Trojan Exercise @ 10:30 a.m. SZAR<br>Armchar Exercise @ 11 a.m. LAR<br>Indian Lake Baptist Church @ 1:30 p.m. LAR<br>Cribbage @ 2 p.m. NDR<br>Waitegreens Shopping @ 2:30 p.m. Coffee @ 2:45 p.m.<br><b>Les Johnson's BD</b>  | <b>8</b><br>Shopping HyVee @ 8:15 a.m.-9 a.m.<br>Wellness @ 11 a.m. LAR<br>Armchair Exercise @ 11 a.m. LAR<br>Coffee @ 2:45 p.m.<br>   | <b>9</b><br>Devotions @ 8:45 a.m. LAR<br>Trojan Exercise @ 10:30 a.m. SZAR<br>Armchar Exercise @ 11 a.m. LAR<br>Kenny Frey's Guitar & Vocals @ 2 p.m. SDR<br>Coffee @ 2:45 p.m.   | <b>10</b><br>Rosary @ 9:45 a.m. SZAR<br>Communion @ 10 a.m. SZAR<br>Wellness @ 11 a.m. LAR<br>Bingo @ 2 p.m. SDR<br>Coffee @ 2:45 p.m.   | <b>11</b><br>Movie @ 1 p.m. LAR<br>Coffee @ 2:45 p.m. |
| <b>12</b><br>Ecumenical Church @ 8:45 a.m. LAR<br>Bingo with the Chastena Bees 4H @ 2 p.m. NDR<br>Coffee @ 2:45 p.m.<br>Worthington Christian Church Bible Study @ 7 p.m. SZAR | <b>13</b><br>St. Matthew's Lutheran @ 9 a.m. SZAR<br>Wellness @ 11 a.m. LAR<br>5 <sup>th</sup> Graders @ 1 p.m. LAR<br>Dominoes @ 2 p.m. LAR<br>Coffee @ 2:45 p.m.<br>Golf Cards @ 6:30 p.m. SDR<br> | <b>14</b><br>Community Coffee @ 9:00 a.m. SDR<br>Geronimo Power Data Center Program @ 9:30 a.m. SDR<br>Trojan Exercise @ 10:30 a.m. SZAR<br>Armchar Exercise @ 10:30 a.m. LAR<br>Pizza Ranch Lead @ 11:11-11:15 a.m.<br>First Lutheran Bible Study & Communion @ 1:30 p.m. SZAR<br>Coffee @ 2:45 p.m.<br>American Lutheran Fellowship @ 3:30 p.m. LAR | <b>15</b><br>Shopping Walmart @ 8:15 a.m.-9 a.m.<br>Wellness @ 11 a.m. LAR<br>Michelle Wiener's Piano @ 2 p.m. SDR<br>Monthly Birthday Party @ 3 p.m.<br><b>Ken Tamplin's BD</b><br><b>Margo Farley's BD</b> | <b>16</b><br>Devotions @ 9 a.m. LAR<br>Wgth Seniors @ 10-11 a.m.<br>Trojan Exercise @ 10:30 a.m. SZAR<br>Armchar Exercise @ 11 a.m. LAR<br>Galen Bentoni's Accordion @ 2 p.m. SDR<br>Coffee @ 2:45 p.m.   | <b>17</b><br>Rosary @ 9:45 a.m. SZAR<br>Communion @ 10 a.m. SZAR<br>Wellness @ 11 a.m. LAR<br>Bingo @ 2 p.m. SDR<br>Coffee @ 2:45 p.m.   | <b>18</b><br>Movie @ 1 p.m. LAR<br>Coffee @ 2:45 p.m. |
| <b>19</b><br>Ecumenical Church @ 8:45 a.m. LAR<br>Coffee @ 2:45 p.m.<br>Worthington Christian Church Bible Study @ 7 p.m. SZAR   | <b>20</b><br>Wellness @ 11 a.m. LAR<br>Diane Mick's Piano @ 2 p.m. LAR<br>Coffee @ 2:45 p.m.<br>Golf Cards @ 6:30 p.m. SDR<br>   | <b>21</b><br>Community Coffee @ 9 a.m. SDR<br>Trojan Exercise @ 10:30 a.m. SZAR<br>Armchar Exercise @ 11 a.m. LAR<br>Solid Rock Church @ 1:30 p.m. LAR<br>Cribbage @ 2 p.m. NDR<br>Coffee @ 2:45 p.m.<br><b>Rickey Hahsman's BD</b>   | <b>22</b><br>Shopping HyVee @ 8:15 a.m.-9 a.m.<br>Wellness @ 11 a.m. LAR<br>Mark Browning Miner's Guitar & Vocals Las Vegas Show @ 2 p.m. SDR<br>Coffee @ 2:45 p.m.<br><b>Carol Clark's BD</b>               | <b>23</b><br>Devotions @ 9 a.m. LAR<br>Trojan Exercise @ 10:30 a.m. SZAR<br>Armchar Exercise @ 11 a.m. LAR<br>David Anderson's Guitar & Vocals @ 2 p.m. SDR<br>Coffee @ 2:45 p.m. SDR<br><b>Ellen Withers's BD</b><br><b>Dew Kirchner's BD</b>      | <b>24</b><br>Rosary @ 9:45 a.m. SZAR<br>Mass @ 10 a.m. SZAR<br>Wellness @ 11 a.m. LAR<br>Bingo @ 2 p.m. SDR<br>Coffee @ 2:45 p.m.  | <b>25</b><br>Movie @ 1 p.m. LAR<br>Coffee @ 2:45 p.m. |
| <b>26</b><br>Ecumenical Church @ 8:45 a.m. LAR<br>Coffee @ 2:45 p.m.<br>Worthington Christian Church Bible Study @ 7 p.m. SZAR   | <b>27</b><br>Exercise Class @ 11 a.m. LAR<br>UNO @ 2 p.m. LAR<br>Coffee @ 2:45 p.m.<br>Golf Cards @ 6:30 p.m. SDR  | <b>28</b><br>Community Coffee @ 9 a.m. SDR<br>Trojan Exercise @ 10:30 a.m. SZAR<br>Armchar Exercise @ 10:45 a.m. LAR<br>Dairy Queen Lead @ 11:10, 11:25 a.m.<br>Onry Anderson's Piano Music @ 2 p.m. SDR<br>Las Vegas Happy Hour @ 3 p.m. SDR   | <b>29</b><br>Shopping HyVee @ 8:15 a.m.-9 a.m.<br>Wellness @ 11 a.m. LAR<br>Denise's Watercolor Class @ 2 p.m. LAR<br>Coffee @ 2:45 p.m.   | <b>30</b><br>Devotions @ 9 a.m. LAR<br>Trojan Exercise @ 10:30 a.m. SZAR<br>Armchar Exercise @ 11 a.m. LAR<br>First Lutheran Bible Study @ 1 p.m. SZAR<br>Austre Brak's Accordion @ 2 p.m. SDR<br>Coffee @ 2:45 p.m. SDR<br><b>Kenny Wiley's BD</b> | Abbreviations:<br>LAR = Large Activity Room<br>SDR = S. Building Dining Room<br>NDR = N. Building Dining Room<br>SZAR = S. Bldg. 2nd Floor Activity Room<br>CL = Club Lounge S. Lobby Room Sign Up for an outing at the LAR desk, or call Life Enrichment @ 343-7157 |   |

# April Celebrations

## Resident Birthdays:

Ken Jansen ~ 3rd  
Vern Lidgett ~ 6th  
Les Johnson ~ 7th  
Ken Temple ~ 15th  
Margo Ferley ~ 15th  
Carol Clark ~ 22nd  
Rodney Haberman ~ 21st  
Ellen Vortherms ~ 23rd  
Don Kirchner ~ 23rd  
Kathy Willey ~ 30th



Please join us in the South Dining Room on Wed., Mar. 10<sup>th</sup>, at 3 p.m.

## Employee Birthdays:

- Cheryl D ~ 2nd
- Jessica F ~ 4th
- Chelsea H ~ 4th
- Marissa M ~ 5th
- Sofia A ~ 6th
- Elise R ~ 9th
- Al K ~ 11th
- Rose C ~ 11th
- Cynthia E ~ 11th
- Jose C ~ 17th

## Employee Anniversary:

- Liliana H ~ 8th ~ 1 yr.
- Kelly S ~ 16th ~ 8 yrs.
- Narone P. ~ 25th ~ 4 yrs.
- Tina W ~ 28th ~ 1 yr.



# Poem to Share

## Leisure

By W.H. Davies

What is this life if, full of care,  
We have no time to stand and stare.

No time to stand beneath the boughs  
And stare as long as sheep or cows.

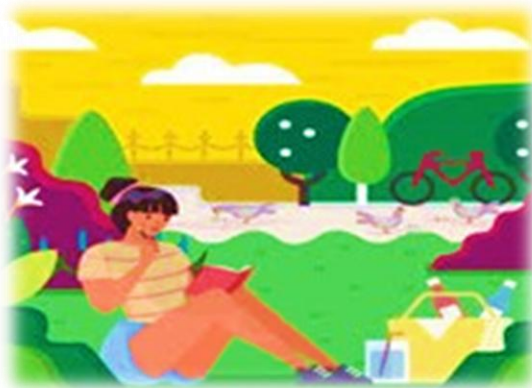
No time to see, when woods we pass,  
Where squirrels hide their nuts in grass.

No time to see, in broad daylight,  
Streams full of stars, like skies at night.

No time to turn at Beauty's glance,  
And watch her feet, how they can dance.

No time to wait till her mouth can  
Enrich that smile her eyes began.

A poor life this if, full of care,  
We have no time to stand and stare.



# Noticeboard

## VAN SCHEDULE

Our Van is available

**Monday- Friday 8 a.m.- 4:30 p.m.**

Please call the front desk at

**Call 507-343-7147** to schedule a ride to your appointment. **Please call 24 hours** in advance of your scheduled appointment.

**Just a reminder that on Wednesday, from 8:15 a.m. to 10 a.m., is our shopping day.**

**Please try not to schedule appointments during this time.**

## NEW STAFF

A warm welcome also goes to the people who joined our team in the past few months! We hope that you enjoy your time here!

- Isaac D – RA

## BEAUTY SALON

**Monday & Tuesday**

**from 8 a.m. – 3 p.m.**

The beauty shop phone number is

**507-343-7148** All appointments are made with Joyce.

## IN MEMORIAM

To the families and friends of our late residents – may you be comforted by the knowledge that your loved ones are at peace.

- **Marion Cashel**
- **Thomas Jay**

## Lobby Carts

Just a quick reminder—when you're finished using the carts, please be sure to return them to the lobby so they're available for others. Thank you so much for helping keep things running smoothly!



## Comfort and Safety

Your comfort and safety are very important to us. To help keep everyone's apartments safe and prevent avoidable water issues, we'd like to share a quick reminder about using faucets in your apartment. Whenever you turn on a sink, tub, or other water fixture, please remember to turn it off completely when finished. Even a small amount of running water left unattended can lead to overflow, which may cause damage to your apartment and neighboring apartments.

*Here are a few helpful tips:*

Avoid leaving water running while stepping away, even briefly.

Double-check that faucets are fully turned off after use.

If you notice a drip or a faucet that won't fully shut off, please let our maintenance team know right away.

These simple steps go a long way in keeping your apartment and your neighboring apartment safe and comfortable for everyone.

If you need assistance or have questions, please reach out to any of the management team members. Thank you for your attention and for helping us maintain a safe and welcoming environment.

*Your Community Team*

# Resident Council Minutes

**March 19th, 2026, at 1 p.m.**

- 24 residents were present when the meeting was called to order. Minutes from the previous meeting were approved upon a motion made by Marian Springman and seconded by Joyce Broesder.
- Nancy Ward shared that Dining Council will be held in early April in the SDR. Please write changes from the posted menu on your paper menu and not verbally in the dining room at the last minute. One resident requested a different table assignment. There was also a different menu due to a holiday menu recently.
- Austin Anderson is our new Environmental Services Supervisor and has a forte for landscaping. Currently, he is seeking bids for window washing. With our new system of tracking furnace filters, many will be changed sooner than 4 months.
- Marissa Marten shared that we have 7 pregnant staff members currently working. Our electronic medical records systems will be changing, but our care won't be. Offer friendship and hospitality to the many new residents making our community home. A Podiatry clinic was held last month.
- Elena Heronimus shared that Renter's Insurance is highly encouraged in case of fire, water intrusion, lightning strikes, etc. Ecumen's new CEO/President is Dr. Cyrus Batheja, and he will assume that responsibility on March 23rd. Relating to follow-up from a previous meeting, oil diffusers may be used.
- Cheryl updated that we have raised \$53,642 towards our new transportation. You may offer prayers of support as we await action by the WRHCC Foundation on Thursday, April 9th. A grant has been submitted to the NCE for new bunkers and trellis, a flagpole for our grounds. Donations are being accepted for the Easter candy hunt and outdoor flowers.
- Read from the Resident Bill of Rights #7-9.
- Our meeting was adjourned upon a motion made by Resident and seconded by Resident.

Respectfully submitted,  
Cheryl Dinsmore  
Life Enrichment Manager, Recorder

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# Bus Fundraising News



In March, contact was made with each of the financial institutions in the city of Worthington. I'm happy to inform you that First State Bank Southwest has graciously donated \$1,000 to the transportation fund. Each of the other banks has declined our request or needed additional time to act on our ask. If you are willing to reach out to your bank and see if they will look on our need favorably, we would greatly appreciate your effort.

As April 9th is quickly approaching, we are eager to learn the action to be taken on our grant request with the Worthington Regional Health Care Foundation. Since the board has not met since we made our presentation to them, we don't know if they will fully or partially fund our request, or, sadder still, decline our request. Your positive thoughts and prayers are appreciated.

Although donations have been slower this past month, we are indeed thankful for them. As we are all in the midst of tax preparation season, remember that all donations to Ecumen Meadows are completely tax-deductible, and it is a new calendar year! 😊

Ecumen Meadows Fundraising Committee  
Elena Heronimus  
Marissa Marten  
Cheryl Dinsmore  
Denise Erwin

# Laughing Matters



## A Lesson Learned

Finding one of her students making faces at others on the playground, Ms. Smith stopped to gently reprimand the child.

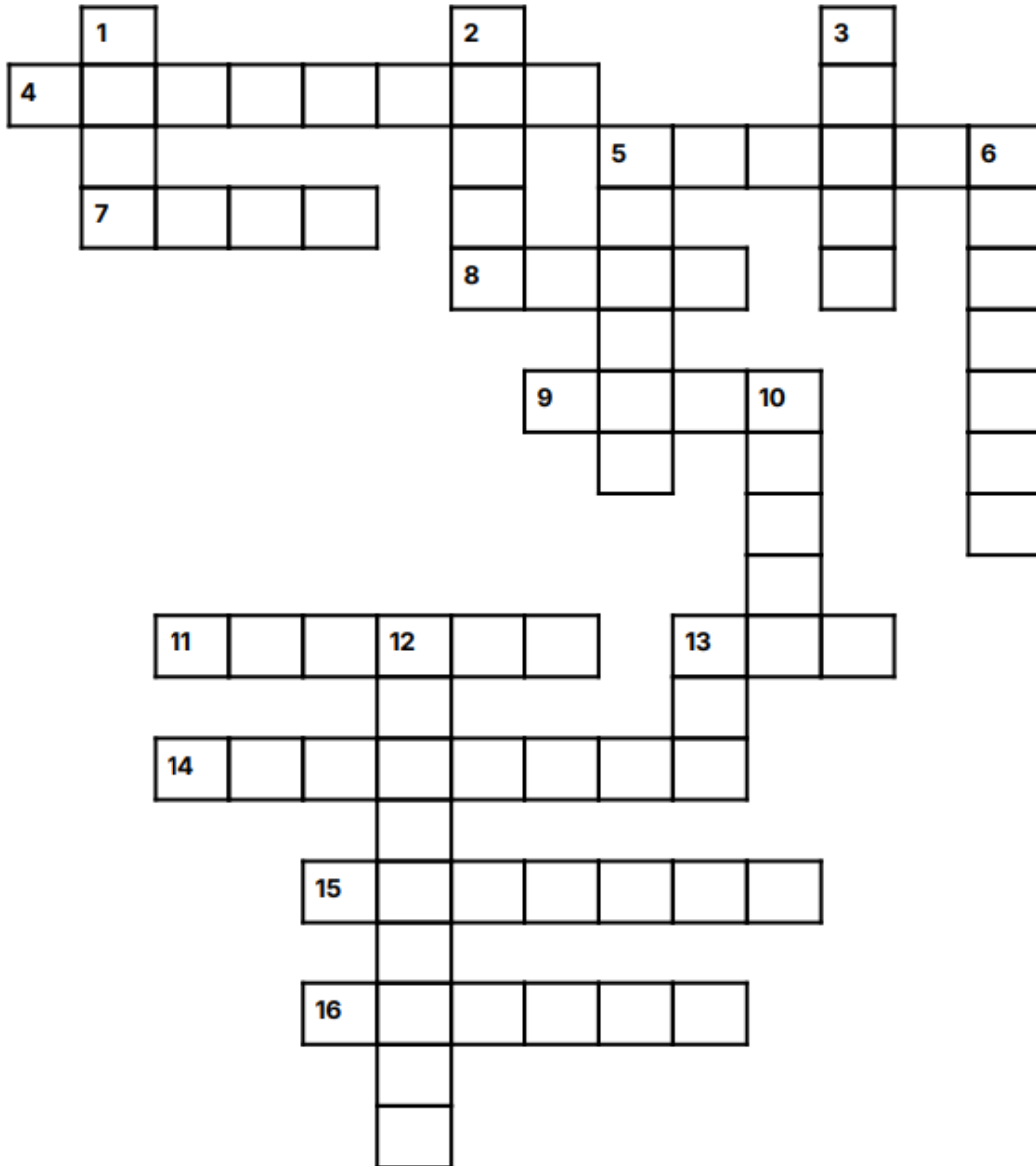
Smiling sweetly, the Sunday school teacher said, "Johnny, when I was a little girl, I was told that if I made ugly faces, it would freeze and I would stay like that."

Little Johnny looked up and replied, "Well, Ms. Smith, you can't say you weren't warned."



*Crossword*

**EASTER CROSSWORD**



## Across

4. Cheerful, yellow spring flower (8)
5. What season is Easter associated with? (6)
7. A hen makes these (4)
8. The search for Easter Eggs (4)
9. A baby sheep (4)
11. The hen's baby (6)
13. Used to color eggs (3)
14. Make eggs look pretty (8)
15. Traditional Easter hats usually tied with ribbons (7)
16. Used to collect Easter eggs (6)

## Down

1. An animal that looks like a rabbit with long ears (4)
2. In the song 'Easter Parade' what avenue do they walk down? (5)
3. In 'Alice in Wonderland' what color is the rabbit with the pocket watch? (5)
5. Easter is always on this day of the week (6)
6. Female star of the film 'Easter Parade'? Judy \_\_\_\_\_ (7)
10. Another word for rabbit (5)
12. Most popular Easter present (9)
13. A female rabbit (3)



