








# MEADOWS OF WORTHINGTON JANUARY 26<sup>TH</sup> – FEBRUARY 1<sup>ST</sup> MENU SUBJECT TO CHANGE\*\* WEEK 4

	MONDAY 26 <sup>TH</sup>	TUESDAY 27 <sup>TH</sup>	WEDNESDAY 28 <sup>TH</sup>	THURSDAY 29 <sup>TH</sup>	FRIDAY 30 <sup>TH</sup>	SATURDAY 31 <sup>ST</sup>	SUNDAY 1 <sup>ST</sup>
BREAKFAST	Continental Breakfast 	Continental Breakfast 	Continental Breakfast 	Continental Breakfast 	Continental Breakfast 	Continental Breakfast 	Continental Breakfast 
DINNER	CEASAR SALAD  GOULASH  BISCUIT  OREO DESSERT	TURKEY  MASHED POTATOES AND GRAVY  VEGETABLE BLEND (green beans, wax beans, carrots)  BANANA CHOCOLATE CHIP BAR	SALISBURY STEAK  CHEESY HASHBROWN CASSEROLE  CREAM PEAS  RHUBARB CAKE	CHICKEN KIEV  BAKED POTATO WITH SOUR CREAM  COLESLAW  CHERRY CHEESECAKE BAR	HAMLOAF  LOADED MASHED POTATOES  VEGETABLE BLEND (green beans, broccoli, red peppers, yellow carrots)  LEMON POKE CAKE	CHICKEN ALFREDO OVER WILD RICE  BROCCOLI  TIRAMISU DESSERT	ROAST BEEF  MASHED POTATOES WITH GRAVY  GREEN BEANS  PIE AND ICE CREAM
SUPPER	CHICKEN TACO SALAD OVER TORTILLA CHIPS  GARLIC BREAD  GRAPES	HAM EGG BAKE  MUFFIN  AMBROSIA FRUIT	CHICKEN DUMPLING SOUP  GRILLED CHEESE  CARROTS/CELERY  PEACHES	BBQ ON A BUN  JO-JOS  CORN  MANDARIN ORANGES	CHICKEN TORTILLA SOUP  GRILLED HAM AND CHEESE  FRESH FRUIT WITH YOGURT DIP  CHERRY JELLO	FISH ON A BUN  FRENCH FRIES  SPINACH SALAD  PEARS	CREAMED CHIPPED BEEF OVER MASHED POTATOES  PEAS AND CARROTS  TROPICAL FRUIT