












| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|---|--|
| 1 Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m.  | 2 Wellness @ 11 a.m. LAR Shoe Shine Time @ 1-3 p.m. LAR: Donate to the transportation fund Pinochle @ 1:30 p.m. SDR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR  | 3 Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Walgreens @ 1 p.m. Solid Rock Assembly of God @ 1:30 p.m. LAR Coffee @ 2:45 p.m. | 4 Shopping Fareway @ 8:45 a.m., 9 a.m. Wellness @ 11 a.m. LAR Randy Wiertsema's Piano @ 2 p.m. SDR Coffee @ 2:45 p.m.  | 5 Devotions @ 9 a.m. LAR Dining Council @ 9:30 a.m. NDR Shannon Butler's Dance Group @ 10:30 a.m. LAR Perkins Lunch @ 11:40 a.m. Jewelry Making with Stefanie @ 2 p.m. LAR Valentine Card Making Time @ 2 p.m. LAR Coffee @ 2:45 p.m. | 6 Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m. Maureen Hellinga's BD  | 7 Movie @ 1 p.m. LAR Coffee @ 2:45 p.m. |
| 8 Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m. Super Bowl with the Seahawks & Patriots @ 5:30 p.m. | 9 St. Matthew's Lutheran @ 9 a.m. S2AR Wellness @ 11 a.m. LAR 5 th Graders @ 1 p.m. LAR 500 Cards @ 1:30 p.m. SDR Cribbage @ 2 p.m. NDR Olympic Relay Races @ 2 p.m. LAR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR | 10 Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR L'Attitude Vocal Duo @ 2 p.m. SDR Coffee @ 2:45 p.m. American Lutheran Fellowship @ 3:30 p.m. LAR  | 11 Shopping HyVee @ 8:45 a.m., 9 a.m. Wellness @ 11 a.m. LAR Cindy Anderson's Love Song Happy Hour @ 2 p.m. SDR Coffee @ 2:45 p.m.  | 12 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR First Lutheran Bible Study @ 1 p.m. S2AR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m. Audrey Westendorf's BD Leona Lewis' BD | 13 Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Kenny Frey's Guitar & Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m. Quilt Raffle Drawing @ 3 p.m. Chris Schimbene's BD | 14 Movie @ 1 p.m. LAR Coffee @ 2:45 p.m.  |
| 15 Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m. Sharlene Hohensee's BD Edwin Johanning's BD | 16 NO MAIL Wellness @ 11 a.m. LAR Zuby Jansen's Quilts Which Have a Story: Bring one and share yours @ 2 p.m. SDR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR  | 17 Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise 11 a.m. LAR Abundant Life Church 1:30 p.m. LAR Shopping Walmart @ 1 p.m. & Beyond Coffee @ 2:45 p.m.  | 18 Rosary @ 9:45 a.m. S2AR Catholic Ash Service @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Ecumenical Ash Service @ 1:30 p.m. LAR Coffee @ 2:45 p.m.  | 19 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Galen Benton's Accordion @ 2 p.m. SDR Monthly Birthday Party 3 p.m. SDR | 20 Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m.  | 21 Movie @ 1 p.m. LAR Coffee @ 2:45 p.m. |
| 22 Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m.  | 23 Wellness @ 11 a.m. LAR 5 th Graders @ 1 p.m. LAR 500 Cards @ 1:30 p.m. SDR Cribbage @ 2 p.m. NDR Mexican Train Dominoes @ 2 NDR Popcorn @ 2:45 p.m. CL Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR | 24 Community Coffee @ 9 a.m. SDR Moments Hospice "Hospice 101" @ 9:30 a.m. Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 11 a.m. LAR Audrey Brake's Accordion @ 2 p.m. Coffee @ 2:45 p.m. | 25 Shopping HyVee @ 8:45 a.m., 9 a.m. Wellness @ 11 a.m. LAR Watercolors with Denise @ 2 p.m. LAR Coffee @ 2:45 p.m.  | 26 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Armchair Exercise @ 10:30 a.m. LAR Loading for Pizza Ranch @ 11 a.m., 11:15 a.m. Diane Mick's Piano Music @ 2 p.m. LAR Coffee @ 2:45 p.m. | 27 Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Wellness @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m. | 28 Movie @ 1 p.m. LAR Coffee @ 2:45 p.m. Phyllis Schettie's BD |


Abbreviations:
LAR = Large Activity Room

SDR = S. Building Dining Room

NDR = N. Building Dining Room

S2AR = S. Bldg. 2nd Floor Activity Room

CL = Club Lounge S. Lobby Room

Sign Up for an outing is at the LAR desk or call Life Enrichment @ 343-7157