

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Abbreviations: LAR = Large Activity Room NDR = N. Building Dining Room SDR = S. Building Dining Room S2AR = S. Bldg. 2nd Floor Activity Room CL = Club Lounge S. Lobby Room Sign Up for an outing is at the LAR desk or call Life Enrichment @ 343-7157	1 Shop Fareway @ 9 a.m. Sign Up Ecumen Wellness @ 11 a.m. LAR Artmobile @ 1:30 p.m. LAR Coffee @ 2:45 p.m. 	2 Devotions @ 9 a.m. LAR MN West Student Interviews @ 9:40 a.m. Sign Up Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Resident Council @ 1 p.m. LAR Denny Gerber's Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m.	3 Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m. 	4 Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m.
5 Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m.	6 Ecumen Wellness @ 11 a.m. LAR 500 Cards @ 1:30 p.m. Glamour Shots Photo Booth @ 1:30 –2:30 p.m. (Until done) LAR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR Carol Wakeman's BD 	7 Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Christian Reformed Church @ 1:30 p.m. LAR Walgreen's or Runnings Shopping @ 2:45 p.m. Coffee @ 2:45 p.m.	8 Shop HyVee@ 9 a.m. Sign Up Ecumen Wellness @ 11 a.m. LAR Gloria Jean's Women of Country @ 2 p.m. SDR Fishing for Happiness Happy Hour (You'll have a reel good time!) Coffee @ 2:45 p.m. 	9 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 10:45 a.m. LAR 1015 Steak House @ 11:20 a.m. Kenny Frey's Guitar & Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m.	10 Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m. 	11 Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m.
12 Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m. 	13 Columbus Day St. Matthew's Lutheran Service @ 9 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR 5th Graders @ 1 p.m. LAR Coffee @ 2:45 p.m. First Lutheran Bible Study & Communion @ 3 p.m. S2AR Golf Cards @ 6:30 p.m. SDR Gladys Haack's BD Tom Lubben's BD 	14 Community Coffee @ 9 a.m. SDR Downsizing & Decluttering 101 with Ilene Clark @ 9:30 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Linda's Massages in CL Sign Up Movie @ 12:55 p.m. LAR 500 Cards @ 1:30 p.m. Coffee @ 2:45 p.m. American Lutheran Fellowship @ 3:30 p.m. LAR Don Lorenzen's BD	15 Shop Walmart @ 9 a.m. Sign Up Ecumen Wellness @ 11 a.m. LAR Mark Browning Milner Guitar & Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m. JoAnn Meyer's BD 	16 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Resident Rights 50 years Tammy Hollingsworth @ 1:30 p.m. LAR Coffee @ 2:45 p.m. 	17 Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Bingo (Beauty Pageant) @ 2 p.m. NDR Coffee @ 2:45 p.m. Francis Kuemper's BD 	18 Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m.
19 Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m.	20 Ecumen Wellness @ 11 a.m. LAR Audrey Brake's Accordion @ 2 p.m. Monthly Birthday Party @ 3 p.m. Golf Cards @ 6:30 p.m. SDR 	21 Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Grace Community Church @ 1:30 p.m. LAR Kwik Trip @ 2:30 p.m. Coffee @ 2:45 p.m. 	22 Shop Fareway @ 9 a.m. Sign Up Ecumen Wellness @ 11 a.m. LAR Jewelry Making @ 2 p.m. LAR Coffee @ 2:45 p.m.	23 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Cindy Anderson's Sing A long @ 2 p.m. LAR Coffee @ 2:45 p.m. Jim Kraft's BD	24 Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m.	25 Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m.
26 Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m. Richard Cam's BD 	27 Ecumen Wellness @ 11 a.m. LAR 5th Graders @ 1 p.m. LAR Coffee @ 2:45 p.m. First Lutheran Bible Study & Communion @ 3 p.m. S2AR Golf Cards @ 6:30 p.m. SDR 	28 Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 10:45 a.m. LAR Dairy Queen lunch Loading @ 11:20 a.m. Michele Wieneke's Piano @ 2 p.m. SDR Coffee @ 2:45 p.m. Thomas Jay's BD	29 Shop HyVee @ 9 a.m. Sign Up Ecumen Wellness @ 11 a.m. LAR Watercolors with Denise @ 2 p.m. LAR Coffee @ 2:45 p.m. 	30 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Diane Mick's Piano & Vocals @ 2 p.m. LAR Coffee @ 2:45 p.m. 	31 Halloween Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Halloween Party @ 2 p.m. NDR Coffee @ 2:45 p.m. Trick or Treaters 4-6 p.m. North Lobby Happy Halloween 	