

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Movie @ 12:55 p.m. LAR 500 Cards @ 1:30 p.m. SDR Coffee @ 2:45 p.m. First Lutheran Bible Study & Communion @ 3 p.m. S2AR Golf Cards @ 6:30 p.m. SDR 	<b>2</b> Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Living Waters Covenant Church @ 1:30 p.m. LAR Kristine Stewart's Piano Music @ 2 p.m. LAR Walgreen's or Kwik Trip Shopping @ 2:45 p.m. Coffee @ 2:45 p.m.	<b>3</b> Shop Fareway @ 9 a.m. Sign Up Ecumen Wellness @ 11 a.m. LAR Cheri Paulson's Piano & Vocals @ 2 p.m. LAR Coffee @ 2:45 p.m. <b>Loren Goettsch's BD</b> 	<b>4</b> Devotions @ 8:45 a.m. LAR Hearing Aid Checks @ 9:15 a.m. LAR Dining Council @ 9:30 a.m. NDR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. Kenny Frey's Guitar & Vocals @ 2 p.m. NDR Coffee @ 2:45 p.m.	<b>5</b> Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m. <b>Margaret Utesch's BD</b>	<b>6</b> Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m. <b>Anita Wiertzema's BD</b> 
<b>7</b> Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m. <b>Assisted Living Week</b> 	<b>8 Go All Out Vikings Day</b> St. Matthew's Lutheran Service @ 9 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Moments Hospice Horseraces @ 2 p.m. LAR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR <b>Mary Kraft's BD</b> 	<b>9 Hat Day</b> Community Coffee @ 9 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Lunch outing/Sheldon Shopping <i>no exercise</i> Movie @ 12:55 p.m. LAR 500 Cards @ 1:30 p.m. SDR Coffee @ 2:45 p.m. American Lutheran Fellowship @ 3:30 p.m. LAR 	<b>10 Positive Thoughts/Bright Colors</b> Shop HyVee @ 9 a.m. Sign Up Ecumen Wellness @ 11 a.m. LAR Julie & Don Kuiper present accordion, piano & magic @ 2 p.m. SDR KTD Happy Hour @ 3 p.m. <b>Betty Taarud's BD</b> <b>LaDonne Christins' BD</b> <b>POSITIVE THOUGHTS</b>	<b>11 Red, White &amp; Blue Day</b> Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Linda A's Massages 10-5 p.m. CL Patriot Day Program @ 2 p.m. SDR Coffee @ 2:45 p.m.  	<b>12 Turkey/Western Day</b> Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Judy Saye-Willis Advanced Creative Ink Class @ 1:30 p.m. LAR Coffee @ 2:45 p.m. 	<b>13</b> Movie @ 12:55 p.m. LAR King Turkey Day Parade Loading @ 1 p.m. Coffee @ 2:45 p.m. 
<b>14</b> Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m.	<b>15</b> Ecumen Wellness @ 11 a.m. LAR Movie @ 12:55 p.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m. First Lutheran Bible Study & Communion @ 3 p.m. S2AR Golf Cards @ 6:30 p.m. SDR 	<b>16</b> Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Karla Kirkeby Evangelical Lutheran @ 1:30 p.m. LAR Coffee @ 2:45 p.m. 	<b>17</b> Shop Walmart @ 9 a.m. Sign Up Ecumen Wellness @ 11 a.m. LAR Armobile @ 1:30 p.m. LAR Coffee @ 2:45 p.m. Pet Show @ 6:30 p.m. 	<b>18</b> Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR David Anderson's Guitar & Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m. <b>Deb McLeod's BD</b> 	<b>19</b> Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Cindy Anderson's (maybe & friends) Piano & Vocals @ 2 p.m. SDR Monthly Birthday Party @ 3 p.m. <b>Vernette Wiertsema's BD</b>	<b>20</b> Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m. <b>Vernette Wiertsema's BD</b>
<b>21</b> Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m. 	<b>22</b> Ecumen Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR <b>Vona Mae Vihlen's BD</b> 	<b>23</b> Community Coffee @ 9:15 a.m. SDR Jill Cuperus from Forty Acre Farms speaking @ 9:30 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Audrey Brake's Accordion @ 2 p.m. SDR Coffee @ 3 p.m. <b>Carol Jeffers' BD</b> <b>Norma Johanning's BD</b>	<b>24</b> Shop HyVee @ 9 a.m. Sign Up Ecumen Wellness @ 11 a.m. LAR TBA @ 2 p.m. SDR Coffee @ 2:45 p.m. 	<b>25</b> Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Diane Mick's Piano @ 2 p.m. SDR Coffee @ 2:45 p.m. 	<b>26</b> Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m. 	<b>27</b> Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m. <b>Linda Moore's BD</b>
<b>28</b> Ecumenical Church @ 8:45 a.m. LAR Coffee @ 2:45 p.m.	<b>29</b> Ecumen Wellness @ 11 a.m. LAR Rebby Lee's Piano @ 2 p.m. SDR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR 	<b>30</b> Community Coffee @ 9:15 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 10:45 a.m. LAR Loading for KFC @ 11:20 a.m. Jolene Kuhl's Piano @ 2 p.m. SDR Coffee @ 2:45 p.m.				<b>Abbreviations:</b> <b>LAR</b> = Large Activity Room <b>NDR</b> = North Building Dining Room <b>SDR</b> = South Building Dining Room <b>S2AR</b> = South Bldg. 2nd Floor Activity Room <b>CL</b> = Club Lounge South Lobby Room Sign Up for an outing is at the LAR desk or call Life Enrichment @ 343-7157