















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>August</h1>		Abbreviations: LAR = Large Activity Room NDR = North Building Dining Room SDR = South Building Dining Room S2AR = South Bldg. 2nd Floor Activity Room CL = Club Lounge South Lobby Room To Sign Up for an outing you can on the LAR desk or call Life Enrichment @ 343-7157.		1 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Kenny Fry's Guitar & Vocals @ 2 p.m. SDR Coffee @ 2:45 p.m.	2 Rosary @ 9:45 a.m. S2AR Mass with Fr. Birens @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m.  Judy Lorenzen's BD	3 Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m. 
4 Coffee @ 2:45 p.m. 	5 Ecumen Wellness @ 11 a.m. LAR L'Attitude Vocal Duo @ 2 p.m. SDR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR	6 Community Coffee @ 9:15 a.m. SDR Meadows Mart @ 10 a.m. CL Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Living Waters Covenant Church @ 1:30 p.m. LAR Walgreen's or Kwik Trip Shopping @ 2:30 p.m. Coffee @ 2:45 p.m. 	7 Nobles County Fair Shop HyVee @ 9 a.m. <i>Sign Up</i> Ecumen Wellness @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m. Maxine Busse's BD	8 Nobles County Fair Devotions @ 9 a.m. LAR Dining Council @ 9:30 a.m. SDR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR 500 Cards @ 1:30 p.m. SDR Lutheran Bible Study & Communion @ 2 p.m. S2AR Coffee @ 2:45 p.m.	9 Nobles County Fair Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Prairie Reapers Tractor Parade around 1:45/2 p.m. outside the Meadows Coffee @ 2:45 p.m. 	10 Nobles County Fair Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m. Vikings with the Raiders @ 3 p.m. 
11 Nobles County Fair Coffee @ 2:45 p.m.	12 St. Matthew's Lutheran Church Service @ 9 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Elizabeth Feltes @ 2 p.m. SDR Monthly Birthday Party @ 3 p.m. SDR Golf Cards @ 6:30 p.m. SDR	13 Community Coffee @ 9:15 a.m. SDR Meadows Mart @ 10 a.m. CL Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 10:45 a.m. LAR Loading for KFC @ 11:20 a.m. Westminster Presbyterian Church (Galen Smith) @ 1:30 p.m. LAR Coffee @ 2:45 p.m. American Lutheran Fellowship @ 3:30 p.m. LAR	14 Shop Walmart @ 9 a.m. <i>Sign Up</i> Ecumen Wellness @ 11 a.m. LAR Artmobile @ 1:30 p.m. LAR Coffee @ 2:45 p.m. 	15 Devotions @ 9 a.m. LAR Tour of Intermediate School @ 9:15 a.m. Loading (Tour @ 9:30 a.m.) <i>Sign Up</i> Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 10:30 a.m. LAR Galen Benton's Accordion @ 2 p.m. SDR Coffee @ 2:45 p.m.	16 Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m.	17 Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m. Vikings @ Cleveland @ 3:25 p.m.
18 Coffee @ 2:45 p.m.	19 Ecumen Wellness @ 11 a.m. LAR 500 Cards @ 1:30 p.m. SDR Lutheran Bible Study & Communion @ 2 p.m. S2AR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR 	20 Community Coffee @ 9:15 a.m. SDR Al's Story @ 9:30 a.m. SDR Meadows Mart @ 10 a.m. CL Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Linda Albersman's Massages See Cheryl American Reformed Church @ 1:30 p.m. LAR Coffee @ 2:45 p.m.	21 Shop Fareway @ 9 a.m. <i>Sign Up</i> Ecumen Wellness @ 11 a.m. LAR Tutti Fruity Happy Hour @ 2 p.m. SDR Coffee @ 2:45 p.m. 	22 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Dawn Anderson Women Heart Champion @ 2 p.m. LAR Coffee @ 2:45 p.m.	23 Rosary @ 9:45 a.m. S2AR Mass with Fr. Colletti @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m. 	24 Vikings @ Philadelphia @ Noon Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m. Pearl Scheepstra's BD
25 Coffee @ 2:45 p.m. 	26 Ecumen Wellness @ 11 a.m. LAR Audrey Brake's Accordion @ 2 p.m. SDR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR Karen Weinzetl's BD 	27 Community Coffee @ 9:15 a.m. SDR Meadows Mart @ 10 a.m. CL Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 10:45 a.m. LAR Adrian Outing Lunch & Shopping (to be determined) 500 Cards @ 1:30 p.m. SDR Coffee @ 2:45 p.m.	28 Shop HyVee @ 9 a.m. <i>Sign Up</i> Ecumen Wellness @ 11 a.m. LAR Movie @ 12:55 p.m. LAR Around The Clock @ 2 p.m. NDR Coffee @ 2:45 p.m. Car Show @ 6:30 p.m. Arlene Kruse's BD Grace Feltman's BD	29 Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Michele Wieneke's Piano @ 2 p.m. SDR Coffee @ 2:45 p.m. 	30 Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Ecumen Wellness @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m.	31 Movie @ 12:55 p.m. LAR Coffee @ 2:45 p.m.