

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Shop Fareway @ 9 a.m. Sign Up Ecumen Exercise @ 11 a.m. LAR Dining Council @ 1:30 p.m. SDR Arts & Crafts Heart Wreaths @ 2:15 p.m. LAR Coffee @ 2:45 p.m.	<b>2</b>  Podiatry @ 8:30 a.m. CL Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Bruce Dysthe's Vocals @ 2 p.m. NDR Cabin Fever Beverage Happy Hour @ 2 p.m. NDR Coffee @ 2:45 p.m.	<b>3</b> Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Ecumen Exercise @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m. 	<b>4</b> Movie @ 12:55 a.m. LAR Coffee @ 2:45 p.m.
<b>5</b> Pro Bowl @ 2 p.m. Coffee @ 2:45 p.m.	<b>6</b> Ecumen Exercise @ 11 a.m. LAR First Lutheran Bible Study & Communion @ 2 p.m. S2AR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR	<b>7</b> Community Coffee @ 9:15 a.m. SDR Meadows Mart @ 10 a.m. CL Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Abundant Life Church @ 1:30 p.m. LAR Trivia @ 2:15 p.m. LAR Coffee @ 2:45 p.m. <i>Stan Elsing's BD</i>	<b>8</b> Shop Walmart @ 9 a.m. Sign Up Ecumen Exercise @ 11 a.m. LAR Historical Society Program Wilmont & Beyond @ 1:30 p.m. LAR Coffee @ 2:45 p.m. 	<b>9</b> Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Lisa Schutte's Cocoa Bomb Demo/Sale @ 2 p.m. NDR Coffee @ 2:45 p.m. Dolly Helms' Short Stories @ 3:30 p.m. LAR	<b>10</b> Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Ecumen Exercise @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m. <i>Roger Westendorf's BD</i>	<b>11</b> Movie @ 12:55 a.m. LAR Coffee @ 2:45 p.m.
<b>12</b> Coffee @ 2:45 p.m. <i>Audrey Westendorf's BD</i> 	<b>13</b> 5th Grade visitors @ 9:30 a.m. NDR St. Matthew's Lutheran @ 10 a.m. S2AR Ecumen Exercise @ 11 a.m. LAR Cheri Paulson's Vocals @ 2 p.m. LAR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR	<b>14</b>  Community Coffee @ 9:15 a.m. SDR Meadows Mart @ 10 a.m. CL Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Valentine's Day Party @ 1:30 P.M. SDR Coffee @ 2:45 p.m. American Lutheran Fellowship @ 3:30 p.m. LAR <i>Marian Ollendick's BD</i>	<b>15</b> Shop HyVee @ 9 a.m. Sign Up Ecumen Exercise @ 10:45 a.m. LAR Pizza Ranch Lunch @ 11:35 p.m. Sign Up 500 Cards or Dominoes @ 1:30 p.m. NDR Coffee @ 2:45 p.m. <i>Doris Bottem's BD</i>	<b>16</b> Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Galen Benton's Accordion Tunes @ 2 p.m. SDR Lumber Jack Happy Hour @ 3 p.m. SDR Coffee @ 2:45 p.m.	<b>17</b> Rosary @ 9:45 a.m. S2AR Communion @ 10 a.m. S2AR Ecumen Exercise @ 11 a.m. LAR Bingo @ 2 p.m. SDR Coffee @ 2:45 p.m. 	<b>18</b> Movie @ 12:55 a.m. LAR Coffee @ 2:45 p.m.
<b>19</b> Coffee @ 2:45 p.m.	<b>20 NO MAIL</b> Ecumen Exercise @ 11 a.m. LAR First Lutheran Bible Study & Communion @ 2 p.m. S2AR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR 	<b>21</b> Community Coffee @ 9:15 a.m. SDR Meadows Mart @ 10 a.m. CL Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR American Reformed Church @ 1:30 p.m. LAR Arts & Crafts Card Class @ 2:15 p.m. NDR Monthly Birthday Party @ 2:45 p.m. NDR Coffee @ 2:45 p.m.	<b>22</b> Shop Fareway @ 8:30 a.m. Sign Up Rosary @ 9:45 a.m. S2AR Catholic Ash Service @ 10 a.m. S2AR Audrey Brake's Accordion @ 2 p.m. SDR Coffee @ 2:45 p.m. <i>Ash Wednesday</i> 	<b>23</b> Devotions @ 9 a.m. LAR Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR Jolene Kuhl's Alaskan Travelogue @ 2 p.m. LAR Coffee @ 2:45 p.m. Dolly Helms' Short Stories @ 3:30 p.m. LAR <i>Gerald Mulder's BD</i>	<b>24</b> Rosary @ 9:45 a.m. S2AR Mass @ 10 a.m. S2AR Ecumen Exercise @ 11 a.m. LAR Bingo @ 2 p.m. NDR Coffee @ 2:45 p.m.	<b>25</b> Movie @ 12:55 a.m. LAR Coffee @ 2:45 p.m.
<b>26</b> Coffee @ 2:45 p.m. George Bents' BD	<b>27</b> Ecumen Exercise @ 11 a.m. LAR 500 Cards or Dominoes @ 1:30 p.m. NDR Coffee @ 2:45 p.m. Golf Cards @ 6:30 p.m. SDR	<b>28</b> Community Coffee @ 9:15 a.m. SDR Meadows Mart @ 10 a.m. CL Trojan Exercise @ 10:30 a.m. S2AR Arm Chair Exercise @ 11 a.m. LAR John Schmidt's Nature Photos @ 2 p.m. LAR Coffee @ 2:45 p.m. <i>Donna Toussaint's BD</i> <i>Phyllis Schettler's BD</i>	<b>Abbreviations:</b> <b>LAR=</b> Large Activity Room <b>NDR=</b> North Building Dining Room <b>SDR=</b> South Building Dining Room <b>S2AR=</b> South Bldg. 2nd FL Act Room <b>CL=</b> Club Lounge South Building Lobby East Room			